

# Holy Cross Catholic Church

## Newsletter



Paphos Gate, 1010 Nicosia; PO Box 21964, 1515 Nicosia, Cyprus  
Tel. (357) 22 662132; Fax: (357) 22 660767; Email: holcross@logos.cy.net;  
Website: www.holy-cross-nicosia.com  
Parish Priest: Fr. Garret Edmunds, ofm; Parochial Vicar: Fr. Andrew Arhin, ofm

July 2013

Year 18 — No. 9

### SUNDAY MASSES

8:00 am English  
9:30 am English  
6:30 pm English (Children/Families)

### SATURDAY VIGIL MASS

6:30 pm English

### WEEKDAY MASSES

7:00 am Mon, Thurs, Fri, Sat English  
*St. Joseph's Sisters' Chapel*  
7:00 am Thursday English  
*Sri Lankan Sisters' Chapel*  
7:30 am Greek (Tuesdays)  
8:00 am English (Wednesdays)  
6:30 pm English

### OTHER PRAYER OPPORTUNITIES

**Benediction with Vespers**  
Monday– Friday at 5:30 PM

**St. Anthony Devotion**  
After Tuesday Masses

**Our Lady of Perpetual Help**  
After Wednesday Masses

### CONFESSIONS

Monday to Saturday at 6 pm  
or by request

**REMINDER:** During the months of  
July and August the community/  
language masses are suspended.



His Beatitude Msgr.  
**Fouad Twal**  
Latin Catholic  
Patriarch of Jerusalem  
Pastoral Visit to Cyprus  
July 14-18, 2013

### From the Pastor's desk ...

Dear brothers and sisters in Christ,

In July our Bishop, His Beatitude Fouad Twal, the Latin Catholic Patriarch of Jerusalem, will make a Pastoral Visit to all the Catholics of Cyprus — Priests, Religious and Lay People. He will go to each of the Parishes, celebrate Holy Mass and take time to meet with and talk with the Catholics in each place.

His time at Holy Cross Parish will be July 17-18 and

**Mass is on Wednesday, 17 July at 6:30 PM.**

A reception in St. Francis Hall will follow. All are welcome.

The Diocese of Jerusalem, over which H.B. the Patriarch serves as Chief Shepherd, includes Jerusalem, Palestine, Israel, Jordan and Cyprus. I hope that many of you will have the opportunity to greet the Patriarch when he visits.

*Anyone who eats this bread will live for ever.*

## July Calendar



*Doubt no longer, but believe*

**Wednesday, July 3**  
**Feast of St Thomas the Apostle**

*Corpus Christi*



*Jesus said: 'The man who feeds in my flesh and drinks my blood, remains in me, and I in him.'*

**Sunday, July 7**  
**Feast of the Most Holy Body and Blood of Christ**



**Friday, July 12**  
**Feast of the Sacred Heart of Jesus**

**Saturday, July 13**  
**Feast of the Immaculate Heart of Mary**

**Wednesday, July 17**  
**Holy Mass with His Beatitude**  
**Msgr. Fouad Twal**  
**Patriarch of Jerusalem**  
**Mass 6:30 pm, Reception following**

**Saturday, July 25**  
**Feast of St James, Apostle**

## HOLY MASSES IN OTHER PARISHES SUNDAY MASSES ONLY

**For your convenience, if you travel in Cyprus during the summer, below is a list of Sunday mass times island wide.**

(Masses are in English except as indicated)

### **ST. ELIZABETH OF HUNGARY, KYRENIA**

*Opposite Dome Hotel near the waterfront*

**Sunday:** 8.00 am

### **ST. MARY OF GRACES PARISH, LARNACA**

1 Terra Santa Street

Tel. 24 642858; Fax 24 636953; E-mail: [sanctamaria@cytanet.com.cy](mailto:sanctamaria@cytanet.com.cy)

Fr. Zacheusz Dulniok ofm, Parish Priest

**Saturday,** 6.30 pm  
*valid for Sunday*

**Sunday:** 8.00 am (in Greek)  
 9.30 am  
 6.30 pm (in Polish)  
 10.30 am in Paralimni  
 12.00 pm in Agia Napa,  
*Aeneas Beach Hotel Chapel*

### **ST. CATHERINE'S PARISH, LIMASSOL**

2 Jerusalem Street

Tel. 25 362946; Fax 25 346290; E-mail: [st\\_catherine@cytanet.com.cy](mailto:st_catherine@cytanet.com.cy)

Fr. Andrew Verdote ofm, Parish Priest

**Saturday** 6.30 pm  
*valid for Sunday*

**Sunday:** 8.00 am  
 9.30 am (in Greek)  
 11.00 am (in Latin)  
 6.30 pm

### **ST. PAUL'S PARISH, PAPHOS**

Agias Galatianis Street 2B, Kato Paphos

(St Paul's Pillar Church located in Agia Kyriaki)

Tel. 26 931308; Fax 26 953459; E-mail: [paphosparish@yahoo.com](mailto:paphosparish@yahoo.com)

Fr. Carlos Ferrero, Parish Priest

[Masses in Agia Kyriaki, unless indicated otherwise]

**Saturday:** 4.00 pm in *Latin Parish Hall*  
*valid for Sunday* 6.00 pm

**Sunday:** 6.00 pm in *Polis, St. Dimitri's*  
 10.00 am (in Latin)  
 11.00 am (in Polish)  
 12.00 pm  
 6.00 pm in *Pissouri Bay, Columbia Resort*

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## PARISH UPDATES, NOTICES, NEWS, ETC.

### Important notice : St. Joseph's Social Centre

The Social Centre office and lodging house will be closed from Wednesday 31<sup>st</sup> July 2013 to Sunday 1<sup>st</sup> September 2013.

On Sunday the 4<sup>th</sup> and Sunday the 11<sup>th</sup> of August, the Social Centre will also be closed to all members.

As Sr. Perpetua will be out of the country in August, her mobile will not be in use.  
*Sr. Adeline*

*You can receive the Parish newsletter electronically. Go to <http://groupspaces.com/HCNewsletter/>*

Click on "JOIN GROUP" and follow the instructions.

### HOLY CROSS LIBRARY AND THURSDAY COFFEE MORNINGS

There will be no coffee mornings during July/August. However the library will remain open. We can take advantage of our vacation time to read good inspirational and devotional books, to nurture our faith and enrich our knowledge. BUT PLEASE DO NOT FORGET TO RETURN YOUR OVERDUE BOOKS. Other people may want to borrow them.

Rosemarie and Monique



Welcome back **Sr. Helen Coorey** the new Superior of the **Sri Lankan Sisters** here in Nicosia. Sr. Helen was here before and replaces Sr. Ethel. We are glad you're here!

### Notices, Contributions, etc. for the August Parish Newsletter

Please send your notices and other contributions for the next newsletter to Monique ([moniqueburston@yahoo.com](mailto:moniqueburston@yahoo.com)), or leave them in an envelope in the Church Library.

**Deadline for submissions: July 17**

If you have any suggestions and comments for our parish please send them to the Parish email address [holcross@logos.cy.net](mailto:holcross@logos.cy.net)

### No MOVIE NIGHTS in July-August



## Holy Cross Parish Council News & Messages

On Pentecost Sunday, 23 June 2013, the Parish Council met at St Joseph's Convent for the initial session of a series of meetings intended to foster the unity and cooperation we are called to practice as devoted Christians within our Parish of the Holy Cross. The meeting was led by an experienced facilitator in order to enhance its effectiveness for the benefit of everyone involved.

The meeting started with a few words of introduction by the facilitator and each member then briefly explained who they are and what they do in our Parish. We then each answered anonymously three questions regarding our concerns, our expectations of the session and what we consider to be the one most important thing about our faith. After an analysis of the answers, an exercise in small groups was performed focusing on ways and activities which can help us unite and cooperate, on how the Parish Council can practically help to promote them and on the vision we have for our Parish of the Holy Cross. A discussion followed the presentation from each group and an action plan was proposed as a practical way forward. The Parish was described as a beautiful mosaic with each of its constituent parts being well respected, with the Parish Council input being important too in promoting ways and activities to unite, protect and support it. The need for consideration and clarification of the role and vision of the Parish Council was highlighted also, given the different views expressed about it, seeking the good experience of others too in this respect.

The next meeting of the Parish Council will be held in September 2013 and the discussion will include the proposed Parish Pilgrimage, the Bible Study sessions, the Laity Week and the Parish Fair, as well as the role and vision of the Parish Council as mentioned above. The Movie Nights will also resume in the Autumn, with a new array of wonderful movies on the lives of the Saints to inspire us in our call to follow Jesus Christ and to personally live the faith deeply.

May the Lord bless you and each one of us in His mercy, strengthen and support us, our priests, our families, all His people in our Parish of the Holy Cross and throughout His Holy Church always! Have a wonderful Summer! Pray for us too!

Akis HjiIossif (Chairman)

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## THE FEAST OF THE MOST HOLY BODY AND BLOOD OF CHRIST

July 7 is the Feast of the Most Holy Body and Blood of Christ. It is an opportunity for Catholics to remember the greatest gift God has given us — the real person of Jesus Christ his Son. We remember than by his own words Jesus has told us that he gives his real self, body and blood, soul and divinity, under the appearance of bread and wine in the Eucharist.

The Church has accepted from the beginning that this great gift is more than just a symbol or something we do to remember Jesus, but a real encounter with the real person of Jesus Christ, who said “take, eat, this is my body” and “take drink, this is my blood.” Again Jesus says, “unless you eat my flesh and drink my blood you cannot have eternal life”. We remember our Catholic faith that it is the real presence, the whole humanity and divinity of Jesus we receive when we receive the Eucharist.

Since this is a central part of our Catholic faith and experience, it can become, like anything that is a regular part of our human existence, something we take for granted. For this reason we Catholics have developed customs and practices to help us keep focused on the awesome reality of how the real Jesus comes to us in Eucharist. These customs and practices are not so important on their own, but as aids to help us remember who we are and what we are about. It is good then to review some of them.

When we gather for prayer with the Eucharist, whether it be Mass, Exposition of the Blessed Sacrament (Benediction) or private adoration, we need to keep focused on what is important. At these times we cannot allow

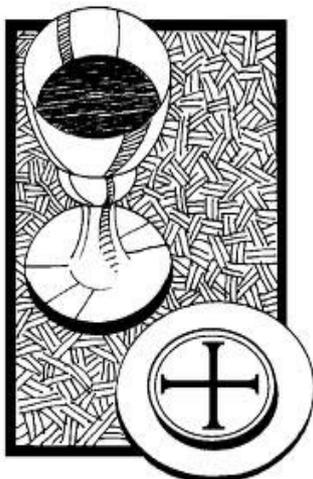
ourselves to be distracted even by other worthy forms of prayer such private recitation of the rosary or lighting candles.

We need to remember that the Church is first and foremost a Eucharistic Banquet Hall. For this reason we fast (for one hour) before receiving the Eucharist. No other food or drink is brought into the Church. Any gum, candy or other food needs to be disposed of before entering the Church.

Recognizing Christ in one another is important, but on our way to receive communion our focus should be on Jesus. The movement to receive Communion is a procession in which the whole community participates in an orderly and reverent manner. In receiving communion we have two choices, on the tongue or in the hand. If in the hand, one places one hand on the other, placing this “throne” at chest level and

receives the Host in the hand (not grabbing). Each person should make sure that their intention is clear and not present both hand and tongue. Also those receiving the Host must consume it before leaving the communion station. The Host is never to be taken away.

After the Minister of the Eucharist presents the host — “The Body of Christ” — the person receiving needs to audibly respond with “Amen”. The Amen affirms our faith in the real presence of Jesus. Without this faith no one should receive the Eucharist. We are happy to have whoever wishes to join us for worship, but only those who share our Catholic faith in the real presence of Jesus in the Eucharist and the communion and authority of the Church to which Jesus left this Sacrament should present themselves to receive the Eucharist.



### “TRUTH IS A PERSON”

From the Catechesis of Pope Francis I [15 May 2013]

We are living in an age in which people are skeptical of truth. Like Pilate we ask: “What is truth?”; he could not understand that “the” Truth was standing in front of him. And yet Jesus is the Truth that, in the fullness of time, “became flesh”, and came to dwell among us so that we might know it. The truth then is not grasped as a thing, the truth is encountered. It is not a possession, it is an encounter with a Person. Jesus himself told his disciples: the Holy Spirit “will guide you into all the truth” (Jn 16:13).

Let us then try asking ourselves: am I open to the action of the Holy Spirit? Is my life truly inspired by God? How many things do I put before God? We need to let ourselves be bathed in the light of the Holy Spirit so that he may lead us into the Truth of God, who is the one Lord of our life. In this Year of Faith let us ask ourselves whether we really have taken some steps to know Christ and the truth of faith better by reading and meditating on Sacred Scripture, by studying the Catechism and by receiving the sacraments regularly. We are not Christians “part-time”. Let us invoke the Holy Spirit every day, to guide us on the path of Jesus, and closer to the Father.

Adapted by Loris Kasapis

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